

# CNC&F, AgriLife partner for Backyard Basics workshops

Later this month, Cibolo Nature Center & Farm and the Texas A&M AgriLife Extension Service will partner to present two workshops as part of the Backyard Basics series. Deer Camp will take place Friday, Oct. 28, from 9 a.m. to 2:30 p.m. and Can I "Can" That? will be Saturday, Oct. 29, from 10 to 11:30 a.m.

Both workshops will take place at the Herff Farm as a part of Texas A&M AgriLife Extension's Backyard Basics initiative



that promotes healthy living, providing residents of the San Antonio metro area, including Atascosa, Bexar, Comal, Guadalupe, Kendall and Wil-



Can I Can That? Oct. 29 will explain how to safely can homegrown produce.

## CNC&F Happenings

**PROTECT & PRESERVE GALA AUCTION**, Our Protect & Preserve Gala Auction is live now. All proceeds support the Cibolo Nature Center & Farm's mission to promote conservation of natural resources through education and stewardship. Check out our exciting auction items and bid now. Auction closes on Friday, Oct. 21 at 8 p.m. [www.32auctions.com/cibolonaturecenterandfarm](http://www.32auctions.com/cibolonaturecenterandfarm)

**MOTHER NATURE'S STORYTIME: VEGETABLES!** Wednesday, Oct. 19, 10 to 11 a.m., CNC Visitor Center. Every third Wednesday from 10 to 11 a.m. Discover all the uses we have for vegetables and find out what makes each of them special! For preschoolers and their caregivers. \$5 per family.

**FARMERS MARKET AT THE CIBOLO**, Saturday, Oct. 22, from 9 a.m. to 1 p.m., Herff Farm. Enjoy fresh air and delicious local produce, live music and more at the only Farmers Market in Texas on the grounds of a historic 1850s pioneer farm. Buy fresh local vegetables and farm-fresh eggs, original arts and crafts, homemade breads, jams, jellies, pastries and locally produced honey.

**YOGA FOR NATURE LOVERS**, Monday, Oct. 24, 5:30 to 6:45 p.m., meet at CNC Visitor Center. We offer classes conducted by Kristen Walker of Wellspring Yoga in Boerne every Monday evening. Classes may move to different outdoor sites at the nature center each week depending on weather and size of the group. Cost is \$10 per class. Pay at the door. We can accept cash, credit card, or check.

*The Cibolo Nature Center is at 140 City Park Road, Boerne; the Herff Farm is at 33 Herff Road, Boerne.*

son counties, information about the benefits of homegrown and homemade foods.

As described by AgriLife Extension's website, Backyard Basics workshops "provides consumers, backyard gardeners, homemakers, educators and farmers "do-it-yourself" learning opportunities such as home canning, live plants and gardening essentials, rainwater harvesting, raising chickens for home egg production, cooking and food safety basics."

The Deer Camp is an interactive workshop that will include field dressing deer, wild hog and fowl,

Dutch oven cooking, freezer wrapping and storing venison, making jerky and sausage, deer scoring and wildlife management. The workshop will include also include a wild game lunch.

The following day, another Backyard Basics workshop, Can I "Can" That?, will focus on the basics of food preservation. Attendees will enjoy fresh food all year by growing and preserving their own while learning the basics of pressure canning through hands-on preserving of fresh produce.

Gardening do's and don'ts will also be discussed.

"We are thrilled to partner with Texas A&M AgriLife Extension to bring these workshops to the Herff Farm," Cheyenne Johnson, CNC&F director of development, said. "These Backyard Basics workshops are easily applicable so individuals can make strides towards a healthier, more sustainable lifestyle."

Deer Camp is \$55 per person or \$100 per couple. Individuals can register at [www.agriliferegister.tamu.edu/deercamp](http://www.agriliferegister.tamu.edu/deercamp). Can I Can That is \$20 and individuals can get more details by emailing [nature@cibolo.org](mailto:nature@cibolo.org) or register at [www.cibolo.org](http://www.cibolo.org).

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